

San Diego Fly Fishers

April 2019

Cleaner Water, Brighter Streams, Better Fishing Volume 42 No. 4



April's Speaker

Cory Shiozaki Manzanar Fishing Club

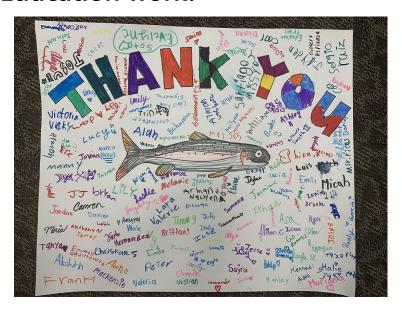
We will be viewing the movie

FEAR NO TROUT

More

Meeting Starts at 7:30

Thank You to our members for Supporting our Conservation and Education work.



Artwork by King-Chavez Students

Currents

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Don't Forget

Time to renew your membership with San Diego Fly Fishers for 2019.

President's Message

April 2019

I was thinking about our upcoming local fishing outing the other day. I remembered that we really do have more locations and types of water to fish than most people probably realize.

We have two salt water bays in San Diego, and we will be fishing one of them on April 13th. We can also surf fish from the beach. My husband and I missed the surf clinic last year but went the two previous years, and had a great time learning how to handle all that line! And since San Diego is a coastal city, you can always go out into deeper water for many oceanic species.

We also have fresh water lakes and reservoirs of various depths and sizes, with the option to fish from a small boat or the shore. I've thought about trying to count all of these kinds of bodies of water we have within the county, but I haven't gotten around to it yet - perhaps someone out there knows just how many we really do have.

Then there's the San Diego River. I have seen some brave souls out in their float tubes in a couple of locations, but they seem to be catching at least a few fish and having fun at it. Our river has more opportunities available now that we have more areas to access the water, thanks to several of our local Non-Governmental Organizations.

Speaking of our local similarly named river, we are planning to schedule an event with an organization we partner with, the San Diego River Park Foundation. It will probably be a river clean up event, but SDRPF also does replant native plant species where it helps.

Last but not least, we do have the chance to travel to other flowing fresh waters in southern California, and there is more up along Route 395. As we all know, conditions change there based on the weather and the season. And of course, you can travel as far across the globe as you want, to fish for just about anything that captures your attention.

Since we are a fishing club, let's fish together. Bring your kids and grandkids, and your spouse or significant other. We have casting clinics, fly tying lessons, and rod-building classes to get you ready. Take advantage of it. I hope to see you all out there soon!

Wishing you good fishing, Sherry Ashbaugh 2019 President San Diego Fly Fishers president@sandiegoflyfishers.com



April Events

April Events

Membership meeting April 1st @ 7:30 PM

Speaker: Cory Shiozaki Film: Fear No Trout

Club Fishing Outing April 13 @ 6 AM

What: Fishing the Bay

Where: Outboard Motor Club on Shelter Island

Free Breakfast following fishing ~11 AM

Contact: Jim Castelluzzo

Scouting the Wild West April 6th 9AM to 3 PM

Where: El Capitan High School Contact: Lucky Ketcham

Day at the Docks April 14th @ 9AM

Where: San Diego Sport Fishing Landing

VOLUNTEERS ARE NEEDED Contact: Paul Woolery

Project Healing Waters

April 2th and 16th @9 AM

Fly Tying at the Aspire Center

Fly Casting At Santee Lakes April 20th @9 AM

Contact: Lee McElravy,

Casting Clinics

Basic/Beginners Class

Every Sunday At Lake Murray @ 9 AM

Intermediate Class

First and Third Sundays at Ski Beach on Mission Bay

Contact John Wylie

Fly Tying Congress

Every Thursday at San Carlos Rec Center @ 6:30 to 830PM

Contact: Paul Woolery

Speaker Programs

Fear No Trout with Cory Shiozaki

https://www.sandiegoflyfishers.com/monthly-program

Movie Trailer

Come early and socialize! Join us for some no host drinks and food in the bar. Don't be shy, introduce yourself. You will be welcome. Questions, Look for our greeters. We will assist you.

Join in our Casting Game before the meeting. Casting instructor John Wyile will be running this fun little challenge. Beverage prizes for first and second place.

Social hour begins at 6:30PM Meeting Begins at 7:30 PM

Join us this interesting and informative presentation. For information contact Bruce Bechard or Jim Castelluzzo

We look forward to see you April 1st. Don't be a fool and miss this meeting!

Happenings

Let's go to the Movies!!

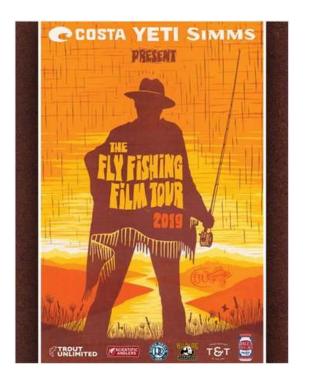
April 3rd at

La Paloma in

Encinitas

Discount tickets are available at the Fly Stop

Get you Fishing Buddy and show up!



CDFW Inland Trout Regulation Changes

Your Voice is needed! CDFW is proposing a very significant change to regulations impacting Trout fishing in California. ALL members are encourage to read the proposed changes and provide comments on line to CDFW.

Proposed Regulation Change

Volunteers Needed

San Diego Fly Fishers is a service organization. So please ask yourself...

"What service can I provide to my Club"?

Service Opportunities

Fishing Outings

Fishing on the Bay, Saturday April 13th at the Outboard Boating Club. Details are being workout out now. Stay tuned. Contact: <u>Jim Castelluzzo</u>

Day at the Docks On April 14th

Volunteers are needed for knot tying, Casting and Fly tying

Contact: Paul Woolery

This is a chance to help run a fishing outing for Club members. We are seeking volunteers to organize a day of fishing on our local waters. It's fun and easy. Pick you favorite water and contact <u>Jim Castelluzzo</u> or <u>Mike Gilroy</u> and we will help you get started.

- Pick a local lake
- Pick a location for the bay
- Pick a location for the surf

The whole idea is to involve more members in creating fishing events and get us on the water monthly.

Fundraising

- We need 2 or 3 more volunteers to help serve on the committee
- Contact: Warren Lew

Greeters are needed at our Monthly meetings!

We are planning to have 2 or 3 greeters at each event to help new people into our Club. It's a great way to serve the Club and meet new Flyfishers. Please contact <u>Jim Castelluzzo</u> or <u>Sherry Ashbaugh</u>

Project Healing Waters

- Help with this important program that serves Veterans in need.
- ◆ Contact: Lee McElravy to learn how you can contribute

Fly of the Month

Hare's Ear Nymph with Pheasant Tail

Hook: Wet fly, 1X long 8-20 (12-18 most common).

Tail: Pheasant tail fibers.

Rib: Gold tinsel or gold wire depending on the size of hook.

Abdomen: Hare's ear dubbing or hair from a hare's mask.

Wing Case: Pheasant tail fibers with

optional UV resin.

Thorax: Hare's ear dubbing.



Learn to tie this fly at the SDFF tying Congress on April 11th.

Originated in England by an unknown tier over 100 years ago, this fly's true name is the Gold Ribbed Hare's Ear Nymph. This pattern is one of the many variations of this very popular and deadly fly.

For additional tips and tricks visit: https://www.youtube.com/watch?v=en_VYtmY_xY

For more information contact Paul Woolerly

Rod Building

Our Class this year is winding down. We had a great level of participation in this class with ten students. We hope to post pictures and display the rods at a club meeting.





Contact: <u>Jack Duncan</u>

Tip of the Month: Coming Soon

May Casting Clinic

SAVE this date! Plan to take off a little early from work

Learn to Fly Fish & Improve Your Casting at the San Diego Fly Fishers Club Annual Fly-Casting Clinic and BBQ

When: Monday, May 13th, 2019 4-8 PM

Who: open to all SDFF and Golden State Fly Casters members

What: Fly fishing and casting instruction by certified instructors led by Dayle Mazzarella

Where: Tidelands Coronado Park

What to bring: Your favorite fly rod/reel.

BBQ will follow the Clinic.

Costs: FREE. A donation jar with be placed on the table during the BBQ

Registration is required: Sign the SDFF meeting on April 1st or

Contact John Wylie, SDFF Casting Instructor

This is one of our Best events. You don't want to miss it!

Casting Corner

San Diego Fly Fishers is happy to offer two free clinics each month to help you learn to fly cast or improve your skills. Several of our instructors are certified by the FFI and can help anyone develop the skills that will help you get the most out of your casts.

Basic fly Casting Lessons

This Clinic is best suited for beginners and novice fly casters. The clinic will help you develop the basic techniques necessary for successful casts with a fly rod. No experience is required to participate.

Where: Lake Murray (Kiowa Drive entrance)

When: Each Sunday (weather permitting) at 9 AM

What to Bring: You may bring your own equipment or use rods provided by the Club. No fishing

license is required.

Intermediate Fly Casting Instruction

This clinic is run by FFI Certified Casting Instructors Dennis Panish and John Wylie and is intended to aid fly casters in enhancing their skills and learn to cast efficiently in different conditions. One goal of the clinic is to help fly casters solve problems with there casting strokes. If you suffer from "wind knots", learning how to "double haul" or increasing your distance this class is for you. Tell our instructors what you want to work on and they will help.

We provide single hand casting as well as basic double hand spey cast instruction.

Where: Ski Beach on Mission Bay

When First and Third Sundays (weather permitting) at 8 AM (class typically lasts 1 hour)

What to bring: Bring your rod and let's work on your casts!

Questions? Email John Wylie:

Tip of the Month: Love how that new fly line casts?

A good fly line should last 3 to 4 seasons. Regularly cleaning your fly line can improve a lines performance; both casting and fishing. Clean your line in warm soapy water, rinse and wipe with a clean cloth. Apply a coating of line dressing like Loon's Line Speed or similar. You will love how your cleaned line casts!

Conservation & Education

San Diego Fly Fishers is a service club with a long history of supporting a variety of conservation, habitat and educational programs. The Club's primary focus is to support projects that serve our local habitats, fisheries and schools. We also support other conservation organizations with projects in California. Our activities are supported by Club members through "boots on the ground" volunteer work and via the donations received at Club fundraising events. We work closely with a number of local, regional and national organizations to support research, improve habitats and foster a conservation ethic for future generations. We are very proud of our work and the ongoing support from our membership. If you wish to join us in this service work please contact the Committee Chair, Gary Strawn

From the Conservation Chair: Casa Vieja Meadow

Many of you have joined us on our trips to the Golden Trout Wilderness or have heard me talk about them at our meetings. For the past ten years, we have been hiking into this meadow at 8,700 feet near the southern end of the Golden Trout Wilderness. Nine Mile Creek runs through the meadow in the upper Kern River watershed and is a spawning ground for beautiful, hungry little golden trout. Our job as U.S. Forest Service volunteers is to re-hang the barbed wire every June before the cattle arrive for their grazing lease and then drop it in early October hopefully before the first snows. As SDFF volunteers we also dutifully test the waters to see how the trout are doing.

Last year, Dr. Alicia Kinoshita, Assistant Professor of Water Resources Engineering in the Civil, Construction and Environmental Engineering Department at SDSU, joined us and fell in love with our meadow. She has developed a research plan to have her graduate students collect data from snow telemetry, satellite imagery and field reconnaissance to identify spatial trends in snow cover, water levels, streamflow, and channel geometry that are so important to golden trout habitat. Alicia asked SDFF for our support to help defray the student's expenses during this study and our Board unanimously agreed. We donated \$1000 and have committed an additional \$1000 as the research progresses. We believe this research is crucial to understanding and protecting this fragile trout habitat and thank all of our club members and friends for your generous support of our Conservation Fund Raiser. The research team will present the result of their study at a future SDFF meeting. We also plan to have the Inyo National Forest Service Fisheries Biologist talk about their progress in restoring other trout habitats in the Golden Trout Wilderness.

We have a good number of volunteers but If you are interested in participating, or any other conservation projects, see Gary Strawn or email: conservation@sandiegoflyfishers.com



Southwest Council FFI

San Diego Fly Fishers is affiliated with the Southwest Council of Fly Fishers International (FFI). Look for more happenings in the SW region in future editions of Finny Facts.

Southwest Council Fly Fishers International

Who or What is the Southwest Council?

The Southwest Council of Fly Fishers International represents all of Southern California and Nevada. Fly Fishers International is a 54 year old international non-profit organization dedicated to the betterment of the sport of fly fishing through Conservation, Restoration and Education. Fly Fishers International and its Councils are the only organized advocate for fly fishers on an national and regional level.

For more information Contact John Wyile our Representative for FFI

https://flyfishersinternational.org/



Project Healing Waters

Project Healing Waters (PHW) Fly Fishing is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings. San Diego Fly Fishers (SDFF) is proud to be a local affiliate of PHW. Our San Diego based program, serves veterans locally by providing opportunities to learn fly casting, fly tying and fly fishing. We are a service organization and are pleased to offer opportunities to our veterans to help them find out more about the arts associated with fly fishing. If you are looking for a good way to contribute to our veterans and your Club, please let us know. SDFF has one of the most active PWH programs in California and we are always in need of volunteers.

We began 2019 with a series of two different classes each month.

Fly Tying

Where: The Aspire Center (in Old Town, San Diego)

When: first and third Tuesdays at 9 AM

Fly Casting

Where: Santee lakes, Santee CA When: third Saturday at 9 AM



Bob and Todd scored on the recent SDFF/PHW fishing trip to the Owens River

For more information, contact



Fundraising

SAVE THE DATE:

JUNE 3RD FOR SAN DIEGO FLY FISHERS ANNUAL FUNDRAISER!

Annual Fund Raising Event

When: June 3rd @ 7PM first drawing.

Where: Southwest Yacht Club

Who: Anyone who wants to win good stuff and donate to the Club.

Contact: fundraiser@sandiegoflyfishers.com

From the Annual Raffle Chair,

Be sure to reserve June 3rd in your planner, as you will want to be present to bid at the silent auction on some great trips and fly-fishing gear. Capt. Louie Zimm has offered a 1/2 day guided saltwater trip, and you will definitely want to bid on a trip with Louie. Club member Dennis Doremus has donated two boxes of expertly tied flies and believe me... those flies are going to catch you some fish!

This year, we will have another Jon Holland bamboo fly rod for the special auction, and a hand wrapped Jack Duncan fly rod for you to win.

The Annual Raffle Committee will be purchasing prizes for the general raffle, but to really have some good stuff for you to win, we need your donations!

- We need "like new" fly rods, reels, quality books, fly tying materials, and any other fishing gear and donate them to the Club's Annual Raffle.
- You can give your donation to any Club officer or raffle committee member. Also, consider donating a gift certificate from Stroud Tackle and The Fly Stop. geardonations@sandiegoflyfiashers.com or fundraising@sandiegoflyfishers.com

These donations make a big difference and help increase the funds we have available for our charitable work.

Look for pre-sale Raffle tickets to be mailed to your home in late March. Please return them back to the Club with your check. Remember to save you stubs! Please contribute generously, as the proceeds will be used for conservation and education about our wonderful sport.

Warren Lew

Your support is appreciated.

Warren Lew Chair, Fundraising

Membership

PLEASE REMEMBER TO RENEW YOUR 2019 MEMBERSHIP TODAY

Currently we are more that 220 members strong! Approximately 45 members still need to renew for this year. Please renew and enjoy the full benefits of being a San Diego Fly Fisher

Renew online

Contact: Alan Thompson

Or Renew at the next Monthly SDFF Meeting

SDFF has four membership levels

Individual.....\$40 Family.....\$50

Individual Military.....FREE (Active Duty Only) Family Military.....FREE (Active Duty Only)

Please welcome our newest members!

FAMILY

James Borkenhagan (Susan Wetzel) Ed and Pennie Brown Jim and Marie Connors Steven and Amy Dagampat Steve and Roxanne Nottoli

INDIVIDUAL:

Mark Albano
John P. Ashley
Tanner Beaman
Wendell (Woody) Callaway
Timothy Carle
Larry George
Richard M. Krumbein
Michael Medves
Robert Vinson
Jimmy Wilson



Feature Article April 2019

Fly Reels Part 3: Frame Styles By Craig Smith

Fly reels, for the most part, have one of two frame styles. Most of the reels made today have an open frame without supporting structure opposite the main frame of the reels. Prior to the 1970's almost all fly reels had a full frame or "cage" design that provided a ring structure around or under the reel handle side of the spool.

This structure provided strength and rigidity to the reel frame and helped and for many reel models helped to protect the edge of the spool from getting warped from drops. As metal working techniques improved, more reels came on the scene that eliminated the full or cage style of frame.

You can still purchase reels with both types of frames. Full frame designs still provide the ultimate in frame strength at the expense of a bit of added weight. Prior to the develop-



ment of modern machining and casting techniques, it was much easier to make reels from multiple component parts which had to be assembled using plates, posts, and screws or rivets. The full frame structure was a result of the available manufacturing techniques. This style is sometimes used today for modern, but classically styled reels. However, full frame reels can now be produced from bar stock aluminum on CNC machines and have been produced via casting since the late 1890's.

This style of reel is sometimes preferred when using very thin monofilament shooting lines since it will prevent the line from working its way into the groove on the inside of the spool rim and then over the line guard that forms the bottom of the frame. On modern styles of the full frame design, the spool will cover the frame or cage ring and the angler can apply the palm of the hand to the spool to apply additional drag pressure if necessary.

The classic Scientific Anglers System II reels are one example of a full frame reel with spool that can be palmed. On the majority older styles such as most classic Hardy, Pflueger, and other vintage reels, the ring protects the edge of the spool and palm pressure cannot be applied to the spool rim. But full frame designs with a palming rim were available prior to World War II. I have an Ogden Smith "Zefer" that is a full frame cast aluminum design reel with a rim control spool that dates to the 1930's



Feature Article March 2019

Open frame designs provide a bit of weight savings at the expense of some potential loss of strength in the frame. Most contemporary reels of both machined and cast material construction are much stronger than designs from 20 or more years ago, especially for cast aluminum models. As a result, most reels made today are of the open frame style. On all open frame models, the spool can be palmed for added drag pressure if needed. Even the majority of big game fly reels on the market have been using the open style of frame for more than twenty years, so this is not a style limited to freshwater gear.



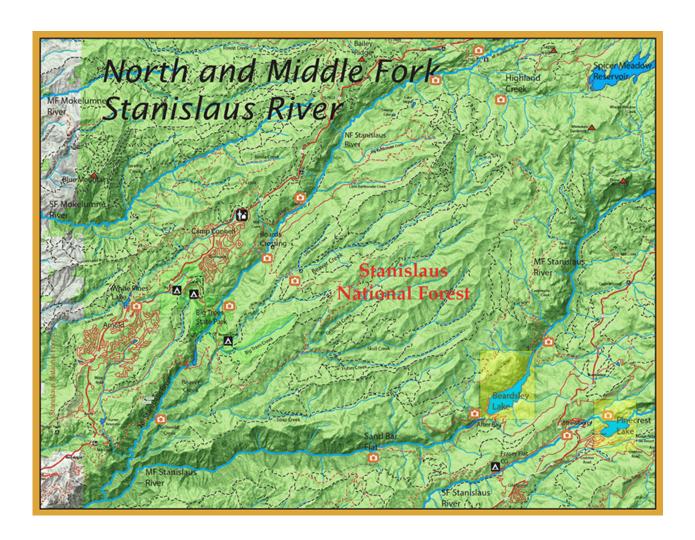


Both styles of reel frame have their place today. In some cases, such as the aforementioned use of thin monofilament shooting lines, there may be good functional reason to use one type of design over the other. However, in most cases choosing one type or the other may just come down to aesthetic preferences of the angler.

River of the Month

The Middle Fork of the Stanislaus River has been building a reputation over the years as having some of the best fishable waters westside of the Sierras. Most of this reputation has come form the nutrient-laden waters below Beardsley Reservoir resulting in excellent aquatic insect populations of stoneflies, caddis, mayflies, and midges. A 17 mile section from Beardsley Afterbay to the confluence of the North Fork Stanislaus is designated by the State of California as a Wild Trout Fishery.

For More Information: Stanislaus River Shed



Guides and Resources

San Diego Fly Fishers does not endorse or recommend any particular Guide or Business. This Information is intended to provide the reader with known providers of services related to fly fishing in our local area and in California. This is not intended to be a complete list of available services.

Guides

Eastern Sierra's

Sierra Drifters

Sierra Troutdoorsman

Pat Jaeger Fly Fishing

Kern River Fly Shop

Northern California

Acosta Fly Fishing (Steelhead)

Fine and Far Fly Fishing (Steelhead/Spey Trips)

Baiocchi's Troutfitters

San Diego Bay/Surf/Lakes

Conway Bowman

Alex Cady @ Fly Stop

Fly Fishing Equipment

STROUD TACKLE

THE FLY STOP

Flies by Favorite

River Flows and Reports

Dreamflows

USGS Flows

California Data Exchange

Lower Owens River

Thanks for supporting San Diego Fly Fishers



















GRETCHEN YEAROUS CERTIFIED CASTING INSTRUCTOR

We need your help getting rid of Carp at Lake Cuyamaca!



CARP ANGLERS WANTED, CONVENTIONAL ROD AND REEL, SPEAR, OR BOW

• KILL A CARP and FISH FOR FREE!

Tailing Loops

San Diego Fly Fishers Board of Directors 2019

Jack Duncan......Rod Building
Mike Gilroy.....Media Coordinator
Warren LewFundraising/At large
Lee McElravyProject Healing Waters

Other Chairpersons

Alan ThompsonSunday Fly Casting

David CollinsWeb Master
Don Davis......Video & Library

The Board meets at 6;30 PM on the last Monday of each month at the San Diego River Park Foundation Office on Pacific Hwy.

For Directions to all Club Meetings, Clinics and Fly tying classes visit our website at:
Activities Maps

The Indicator

Emailed twice a month with updates and breaking news!
Make sure you are on the list to stay informed.

Follow SDFF adventures and news our FACEBOOK page. Post your own adventures and pictures.

San Diego Fly Fishers

Cut-off date for the Finny Facts is the 15th of each month Send submissions to:

media@sandiegoflyfishers.com



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